

NET WORK

the parish newsletter of St. Andrew=s Episcopal Church

1502 Fourth Avenue
Phone (717) 843-3868

November 2009

York, Pennsylvania 17403
Fax (717) 848-1778

From the Rector's Desk

Dear Friends,

In recent months, I have spent time looking at how we respond to the changes taking place in society, Western Christianity, and the Episcopal Church. Since we live in a time of much evolution and change, it seems important that we try to make sense of the change swirling around us.

In the process of looking at this issue, I take some quiet time and contemplate and reflect. Typically, when I sit and reflect I make many notes.

The other day when looking at my notes, I thought I saw a pattern emerging. Naturally, I pursued this pattern. Here is a short list of some changes I perceive taking place in society, Western Christianity, and the Episcopal Church.

You may agree or disagree with this list. Likewise, there might be items you would add or remove from this list.

Here is my list of my observations:

1. Many individuals and much of our society seem to exhibit periods of poor concentration and/or have brief attention spans. In recent decades, viewership of television news shows has dramatically decreased. Also, declining readership of newspapers is forcing many newspapers, including some esteemed and venerable newspapers to consider bankruptcy. Clearly, in both cases people now want encapsulated overviews and no longer desire detailed full examinations. In turn, sometimes people, social institutions and organizations, such as the media, now seem ready to jump to conclusions, and with greater frequency and voracity than in the past.



2. Increased activity - Today, people are always busy. Much suggests that our individual and corporate mobility is so widespread that we might say that we lack roots!
3. Impulsive shopping is a boon to retailers and milestone of many consumers. It seems that people are increasingly "acting out" and buying, rather than thinking in methodical rational terms. In turn, people are easily swayed to purchase or get involved with the newest and latest fads.
4. Fearless and takes undue risks - Clearly, the greed of financial institutions to underwrite horrifically bad and improper mortgages, etc. is but one example of this trend of risk taking and greed.
5. Inflexible personality - As noted in several news articles, sermons and meetings, we are witnessing a polarization of opinions across the nation. It seems that instead of dialogue people prefer to begin conversations with fixed, immovable conclusions. This situation applies to many individuals and much in our society.
6. Lacks self esteem - Today, much suggests that rampant drug, alcohol and other issues show that many in society, if not society itself, lack self esteem. Many individuals and perhaps governments overcompensate with acts of bravado and chants of righteousness. Perhaps issues such as declining enrollment, declining overall attendance, and much bashing by the media is eroding the self-esteem of the Episcopal Church.

7. Have sleep issues and appetite problems - Obesity is one of the fastest growing issues in America. Research shows adults are sleeping less (and working longer hours) than any time in history. In turn, more and more people are having sleep related issues. Much also suggests that we live in culture of much unrest. We are a society that loves to consume. Today, we live in a society that loves to eat, buy, work and act busy. We give little time for reflection.

This list is neither scientific nor deeply researched. Some may suggest that is a grossly simplified or is a broad generalization, yet it deserves some merit. We might say that this list seems to indicate that our society, Western Christianity, and the Episcopal Church is suffering from ADHD. Perhaps, our society, etc., suffer from Attention Deficit Hyperactivity Disorder!

If we can say our society is reflective of ADHD, we must ask - *"What has caused us to have poor concentration, to be overly mobile and less fixed, to be impulsive, to take undue risks, to become entrenched and inflexible, and are often lacking individual and corporate self esteem, and filling of time by consuming instead feeling at peace?"* I think the answer to this vast question is that we have lost our spirituality! It seems that we are so busy acting outward that we have forgotten (or neglected) to journey inward. In turn, to keep satisfying our outward urges and needs, we continuously move outward as if we will find the elusive soul we have lost. Perhaps we need to stop, and pay attention to our inward selves and our inward souls. Perhaps, we need to make time to take time to be still and to look inward and examine our lives. Perhaps our society should step back from trying to solve all issues via a 30 second sound bite, or TV commercial and evaluate itself.

Western Christianity must also re-evaluate itself. Did you know that three of the four largest churches in this nation are "prosperity" focused. They say that God wants people to be successful. They do not promote ministry to others, or how people sometimes must make personal sacrifices in order to help others. They

talk about God wanting you to have money! This is a great distortion of the Christian faith.

In a similar vein, in recent years, we have witnessed the business world implode because it lacked moral character. It is of interest to note that recently, some MBA students were asked what prevents the business from having a moral compass. They answered by saying:

"... some of the greatest obstructions toward the establishment of spirituality in the American Corporate workplace are,

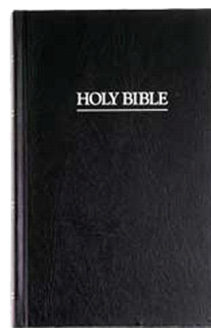
- 1) the inability to discontinue the established mentality of individualism, which generates distrust, selfishness, self centeredness, and ignorance, as opposed to unity;
- 2) the conjecture as to whether spirituality in the workplace will enhance profits;
- 3) the reality that a solid establishment of spirituality in the workplace will be a longitudinal process...¹"

From these comments, it seems that society needs to establish communities that offer moral fibre, that challenge people to look inward, to look out for others, and to care for oneself in a humble kindly manner. In other words, we need churches! We need churches that are willing to be open places of conversation and trust. Churches need to be places where differing viewpoints can be shared and heard. Churches need to mirror humility and service to those shunned by society. These are acts undertaken by Jesus and yet, often ignored and rejected by many in our society. We need to step back from the world and learn to be introspective. In the process of learning from this introspection, we need to move back into society and assist it in being introspective.

As always,

David

1 Marques, J. F. (2006). Removing the Blinders: A Phenomenological Study of U.S. Based MBA Students' Perception of Spirituality in the Workplace." *Journal of American Academy of Business*, p. 59.



BIBLE 101

The word "Bible" means books. The Bible is a collection of many books. These books are separated into two parts. The Old Testament is the story of God's long relationship with people, and in most cases with the tribe Israel. The New Testament is the story of God's relationship with humanity through Jesus.

The Old Testament books are compiled as, "Books of the Law," history, poetry, major prophets, and the minor prophets. The New Testament presents its writings, as the gospels, a history (book of Acts), Paul's letters and other letters and writings. While this is a logical structure, we must realize that these writings are not presented in a chronological order. For example, the letters of Paul, and the pseudo-letters of Paul predate the gospels. The scriptures were written over a long time and in various ancient languages. These languages do not always easily translate into modern English. Likewise, the cultures of many ancient centuries are not always understood by our culture. These and many other factors can make Bible Study difficult. Indeed, the Bible is complex. This frightens

many. And yet for others, they greatly enjoy the opportunity to immerse themselves in scripture.

When we meet we will look at the history, composition, translations, spirituality and theology presented in scripture. While we will hold to some basic weekly structure, the primary focus of the evenings is to respond to the questions and needs of those gathered. Thus, instead of giving answers, our goal is to respond to questions. **No experience is necessary.**

We will meet on three Wednesday evenings from 7 PM to 9 PM. These nights are November 11th, November 18th and December 2nd.

The Costume Halloween Dance planned for Friday, October 30 is cancelled

In this Newsletter you will see a very comprehensive list of various committees. These committees have developed their meeting dates through 2009 and 2010. Please copy the dates that apply to you on your calendar.

On Sunday, November 29th, at 10:30 AM, the Right Reverend Nathan D. Baxter, Bishop of Central Pennsylvania will visit St. Andrew's for an Episcopal visit, to celebrate and preach, and to offer the Sacrament of Confirmation.

ECW: Let's Put Our Best Face Forward

Ladies, we will have our November 11th meeting at Mother Char's house. She has invited us to come and experience her newly open retreat center, Living Waters on the Leigh. For your convenience a carpool will leave the church at 12:15 and return between 3-3:30. The program for the day is Putting Your Best Face Forward by Dorothea Troutman on some tips for using make-up to best frame your face for all the festivals of Fall and Winter.

Scripture Reading for November

November 1	Wisdom of Solomon 3:1-9	Psalm 24	Revelation 21:1-6a	John 11:32-44
November 8	Ruth 3:1-5; 4:13-17	Psalm 127	Hebrews 9:24-28	Mark 12:38-44
November 15	1 Samuel 1:4-20	1 Samuel 2:1-10	Hebrews 10:11-25	Mark 13:1-8
November 22	2 Samuel 23:1-7	Psalm 132:1-19	Revelation 1:4b-8	John 18:33-37
November 29	Jeremiah 33:14-16	Psalm 25:1-9	1 Thessalonians 3:9-13	Luke 21:25-36

RECENT ATTENDANCE

September 13	8:00 a.m. - 31	10:30 a.m. - 121	10 a.m. - Wed. - 13	
September 20	8:00 a.m. - 31	10:30 a.m. - 141	10 a.m. - Wed. - 14	
September 27	8:00 a.m. - 30	10:30 a.m. - 101	10 a.m. - Wed. - 13	
October 4	8:00 a.m. - 30	10 a.m. - 65	10:40 a.m. - 33	10 a.m. - Wed. - 17
October 11	8:00 a.m. - 41	10:30 a.m. - 132	10 a.m. - Wed. - 13	
October 18	8:00 a.m. - 32	10:30 a.m. - 108		

NET X WORK

a newsletter by and for the St. Andrew's
community

Editors

Nancy Bush
Neita Houseal

Bulk Mailing Support

Bert & Bill Campbell
Edna Douglas
Gloria Moore
Stacy Sipe

Contributors

Maureen Bernard
Ivan Campbell
Jenn Fimiani
Charlene Leigh-Koser
J2A Students
David Robson
Alma Rooney
Dan Rooney
Mary J. Watt
Jean Whittles

The York County Council of Churches Presents

2009 FESTIVAL OF TREES

Show Dates

Friday, November 13th, 5:00 pm-8:00 pm
Saturday, November 14th, 10:00 am-8:00 pm
Sunday, November 15th, 1:00 pm-5:00 pm

Show Admission - \$5.00
Children 12 & Under are Free

Entertainment Daily

Auction Date

Monday, November 16th
Doors Open at 5:00 pm
Festival of Foods at 5:00 pm
Auction Begins at 6:30 pm
Auction & Festival of Foods Admission -
\$15.00

Food Provided by Local Eateries

Show and Auction to be held at
The Historical Society Museum of
The York County Heritage Trust
250 East Market Street, York

THANK YOU

Dear St. Andrew's family,

Our sincere thank-you to all who participated in or came to the memorial service for George also for flowers and many cards at home. It was a beautiful tribute to a special man whose family loved him dearly.

Love you all
and God Bless
Jean & Family

THANK YOU

To All Who Participated in the Golf Outing:

Thank you for supporting this event. By participating, you helped us raise money for our pilgrimage trip. This trip will give us an opportunity to experience God in new and different ways.

From: The J2A Students

**The Rt. Rev. Dr. Nathan D. Baxter,
Bishop of Central Pennsylvania**

Diocesan Mission Statement

We are partners in Christ with the love of God
on our lips and in our lives.

Diocesan Web Site - www.diocesecpa.org

CROP WALK THANK YOU

A big thank you to all who walked and/or contributed money to Crop Walk. Together we raised \$700.00 which will go toward feeding the hungry of the world. Because 25% of the funds stay in York many local food pantries and charitable organizations benefit from this walk. Thank you again.

Sincerely, Mary Jane Watt



**Give thanks to the LORD,
for he is good; his love
endures forever.**

-1 Chronicles 16:34



St. Andrew=s Mission Statement

It is our purpose to serve
Christ and his people
through faithful worship,
study, ministry, and mission,
so as to reflect
God=s love for all.

**St. Andrew's Web Site -
www.standrewsyork.org**

*As we express our gratitude,
we must never forget that the highest
appreciation is not to utter words,*

but to live by them.

- John Fitzgerald Kennedy

November Birthdays

03 - Dixie Heller
03 - Judith Richard
04 - Robert Deroche
05 - Mark Platek
06 - Matthew Manzella
06 - Luther Wise
07 - Ted Leigh
09 - Jessica Alling
09 - Doris Ropp
09 - Charles Miller
11 - Dorothy Devitt
12 - Doris Smits
12 - Joan Kain
13 - Matthew Arcieri
14 - Beth Cox
14 - Kristin Rutter
15 - Greg Ayers
16 - Lynn Robson
16 - Tom Watt
16 - Lee Ann Reardon
19 - Hannah Fyfe
20 - Bill Drusedum
23 - Margaret Jasitt
23 - Janet Fleming
24 - Steve Welty
24 - Paul Weber
27 - Philip Blaker
28 - Joe Mowery
29 - Mary Blood
30 - Norman Simons

If your birthday is not listed,
please call Neita.

November Anniversaries

06 - Gerry & Beth Davis
11 - Daniel & Alma Rooney
13 - Hal & Jill Baker
15 - Harry & Carla Snell, IV
20 - Karl & Sheresa Rice
24 - Mark & Karen Platek
24 - David & Laura Strausbaugh

If your anniversary is not listed,
please call Neita.

PARISH MILESTONES

***Change of Address,
Phone No., E-mail Address***

Death

Morris "Flop" T. Flohr
September 3, 1909 to
September 25, 2009

ST. ANDREW'S EPISCOPAL CHURCH

The Rev. Dr. David J. Robson, *Rector*
The Rev. Frederic G. Stevenson,
Pastoral Associate
The Rev. Charlene Leigh-Koser,
Pastoral Assistant
The Rev. Carol B. Snell, *Deacon*
Susan B. Stillier,
Interim Organist/Choir Director
Alma Rooney,
Christian Education Director
Magali Blount, *Nursery Attendent*
Neita Houseal, *Parish Secretary*
Granger Reid, *Sexton*
Nancy Bush, *Senior Warden*
Philip Blaker, *Junior Warden*
Andy Krebs, *Treasurer*
Al Hassett, *Financial Secretary*

Vestry Members

Philip Blaker
Leigh Dalton
Ralph Dixon, Jr.
Ron Fimiani
Alyce Peiffer
Dan Rooney
Harry Snell, III
Tom Watt
Paul Weber

REMINDER FROM THE OFFICE

**Home Address, Phone, and/or
E-mail Address Changes**

Please call the office or e-mail Neita at neita@standrewsyork.org when you move, change e-mail address or phone numbers. We like to have our records as accurate as possible.

*This Thanksgiving,
may your heart be
warmed knowing
you have given
people in need a
reason to give
thanks.*

Outreach To Shriner's Children's Hospital

Thank you for your continuing efforts in bringing in soda, ice tea and beer cans to us to recycle. The cans are driven to a local recycling plant, which gives us money. St. Andrew's holds the money until we cut a check to the hospital. When we recycle the entire can, the aluminum is worth far more than just the tab. AND we do not have to pay the freight to ship the tabs to the Hospital. It's a win-win situation. Deposit your cans in the large barrel behind the door as you go to the undercroft in the lobby area. They are taken away several times a week. Thank you for your help.

NOTICE: Bulletin Deadline
each week is **Wednesday 8 a.m.**

**Deadlines for the
NET X WORK**

November 9th for December newsletter
December 14th for January 2010 newsletter
January 11th for February newsletter

Please mark your calendars.

November 13, 14, and 15 is National Organ Donor Weekend. Here is a story about an organ transplant. It is the story of one of our people.

My Brother is My Hero

I have a real live hero in my life, my brother Bill Reardon. My name is Maureen Bernard and my brother Bill is my hero! Bill, you see, gave my daughter, Kristen, his kidney on October 14th 2005. Bill spent a week recovering in Atlanta, Georgia where the transplant was performed at Emory University.

How many of us have contemplated the idea of giving an organ to a person in need? I mean really contemplated...to follow through mentally and physically. I hope the gravity of such a situation does not cross your doorway as it has in my family. By late spring, 2003, both of my daughters had been diagnosed with a rare genetic kidney disease which would require them to undergo kidney transplants within the next 2 years. The year following involved tests, national donor listing, and calls for live kidney donations among friends and family. We were overwhelmed with at least 15 offers of live donations resulting in 3 donors matching for each child. Bill stepped up to be the first donor if all the screening was successful. Screening for the kidney donation involved a 2 day stay at Emory University hospital for testing back in August, along with a pre-surgical day of testing, both of which required travel to Atlanta from York, PA.

Bill could not have gone through with such a selfless act of donation without the loving support of his wife, Susan and three children, Kathleen, Lee Ann, and William. If asked about the transplant, Bill will down play his role in saving Kristen's life. He is fond of saying, "It was the right thing to do -it is about the love of family." Bill sought guidance through prayer, as well as through the memory and spirit of our deceased father, Bill. With his family's support, he made the very difficult and heartfelt decision to donate. Kristen's health is improving daily with Bill's healthy kidney successfully transplanted. She has signed up for more college courses to prepare her to be a chemist, now that she feels healthy enough to plan for a bright future.

So if you are lucky enough to know Bill, treat him with extra special consideration. He gave of himself more so than any brother should be expected to give. We are so proud of him and will be forever grateful for his sacrifice. He is a true hero!

HOLIDAY CITRUS SALE

West End Local Link (THE WELL) is gearing up for the 2009 Holiday Citrus Sale. This is a major fundraiser for the organization. Fruit will be delivered to the York Fairgrounds for pick up December 3, 4, 5. Pick up hours are Thursday, & Friday, 9-12 or 4-6 p.m. and Saturday, 9-noon.

Fresh fruit from Florida is available in Full or Half cases of Navel Oranges, Juice Oranges (Tangelos), Pink Grapefruit. Also, Box of Mixes Navel & Red Grapefruits in Half Cases and 10 pound bag of Navel Oranges are available.

Order forms are on the lobby table. Fill out form and return top part of the order form to Norma Bankenstein or the church office no later than **November 22nd**. Checks are to be made payable to The WELL.

Thank You!

AFRICAN TEAM MINISTRIES

Items will be available for purchase Sunday, November 8 until Sunday, November 22. Make checks payable to African Team Ministries.

This and That - Information

Several brochures have been added to the table by the entrance to the lobby. There is information on **Baptism**, a **marriage planner** and a **funeral planner**. If you are interested, please help yourself. There are also copies of **past newsletters**, the updated **phone directory**, and **listings for local social services**. **Outreach opportunities** are available through **World Vision**, **Episcopal Relief and Development**, and **organ and blood donation**. There are also **collection boxes for eyeglasses** for the Lions Club and **cell phones** for ACCESS York.

November:

Choking Prevention

Parents and caregivers can take steps to reduce the risk of choking in children. The CDC recommends the following:

Keep a watchful eye on children who are eating and playing

Keep dangerous toys, foods, and household items out of reach

Learn how to provide early treatment for children who are choking.

Parents should supervise young children during mealtime, says the AAP, and should teach children to chew their food well. Children should be sitting--not lying down or in motion--while eating. Eating "on the run" increases the risk of choking.

The AAP recommends that children younger than 4 not be fed any round, firm food unless it is cut into small pieces no larger than one-half inch. Children under 4 do not have a full set of teeth and cannot chew as well as older children, so large chunks of foods may lodge in the throat and cause choking. And caregivers should be aware of older children's actions. Many choking incidents occur when older brothers or sisters give dangerous foods, toys, or small objects to a younger child.

Although food items are the cause of most choking injuries in children, toys and household items can also be hazardous. Balloons, when uninflated or broken, can choke or suffocate young children who try to swallow them. According to the CPSC, more children have suffocated on uninflated balloons and pieces of broken balloons than on any other type of toy.

The AAP advises parents to follow the age recommendations on toy packages and to keep small household items away from young children.

Medications in the form of pills can present a potential choking risk for small children. "Make sure that a child is old enough to comfortably swallow a pill," says Shirley Murphy, M.D., acting deputy director of the FDA's Office of Counter-Terrorism and Pediatric Drug Development. "Parents with children who have trouble swallowing pills should ask their doctor to prescribe a liquid or other form," says Murphy. Some medications come in liquid, syrup, or effervescent form. The agency encourages pharmaceutical companies to develop age-appropriate formulations for all medications, says Murphy.

By being alert to potential choking hazards, parents can make their environment safer for children. But sometimes, despite all precautions, a child may choke. "Parents who know basic choking rescue procedures may be able to save their child's life," says Stutsman.

The American Heart Association (AHA) recommends using abdominal thrusts (the Heimlich maneuver) to clear a blocked airway in conscious adults and children ages 1 year and older. And knowing how to perform CPR procedures on a child or adult who has stopped breathing can also mean the difference between life and death.

The AAP advises parents to take classes in basic first aid, CPR, and emergency prevention from either the AHA or the American Red Cross

Unsafe Foods for Young Children

The American Academy of Pediatrics recommends keeping the following foods away from children younger than 4:

hot dogs, nuts and seeds, chunks of meat or cheese, whole grapes, hard, gooey, or sticky candy, popcorn, chunks of peanut butter, raw vegetables, raisins, chewing gum.

Dangerous Objects for Young Children

The American Academy of Pediatrics advises keeping the following items away from infants and young children to reduce the risk of choking: latex balloons, coins, marbles, toys with small parts, toys that can be compressed to fit entirely into a child's mouth, small balls, pen or marker caps, small button-type batteries, medicine syringes.

Actions to Relieve Choking in an Infant

Hold the infant face-down on your forearm. Support the infant's head and jaw with your hand. You may need to sit or kneel and rest your arm on your lap or thigh.

Give up to five back blows with the heel of your free hand.

If the object comes out and the infant begins to breathe after only a few back blows, stop the back blows.

If the object does not come out after five back blows, turn the infant onto his or her back and give up to five chest thrusts, supporting the head and neck. Hold the infant with one hand and arm. Use two or three fingers of your free hand to push on the breastbone just as you press for chest compressions during CPR. Stop chest thrusts if the object is forced out.

Alternate giving five back blows and five chest thrusts until the object comes out or the infant becomes unresponsive.

If the choking is not relieved, the infant will become unresponsive. When the infant becomes unresponsive, shout for help and start CPR. Chest compressions may force the object out. If you are alone with the infant and these steps don't work after about one minute, phone 911.

Actions to Relieve Choking in a Child Age 1 and Older and Adults

Ask, "Are you choking?"

If the child speaks or is coughing, do nothing. Allow the child to try to cough up whatever is blocking the windpipe.

If the child can't speak, cough loudly, or cry, tell the child you are going to help.

Stand or kneel firmly behind the child and wrap your arms around the child.

Make a fist with one hand.

Put the thumb side of the fist on the child's abdomen, slightly above the navel and well below the breastbone.

Grasp the fist with your other hand and give quick upward thrusts into the child's abdomen.

Give thrusts until the object is forced out or the child becomes unresponsive.

If the choking is not relieved, the child will become unresponsive. When the child becomes unresponsive, shout for help, lower the child to the ground, and start CPR. Chest compressions may force the object out. If you are alone with the child and these steps don't work after about one minute, phone 911.

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